

# The Studio

at Good Bodies

## Mind & Body Classes



Mon	Tues	Wed	Thurs	Fri	Sat
Pilates 9:15am Constance (Virtual)		Yoga 9:15am Constance (Virtual)			Yoga 9:15am Constance (Hybrid)
	Yoga 6-7:15pm Angela		Gentle Yoga 6-7:15pm Constance (Hybrid)		Muscle Madness 10:45am Mindy (Group Room)

Virtual classes are through Zoom. When you register through MindBody, you will receive an email with the link from the instructor.

Hybrid classes are a combination of virtual and in person instruction in The Studio.

### Class Fees:

Single Class \$16

\*Ten Class Pass \$140.

\*\*Twenty Class Pass \$220.

\*Ten Class pass expires 90 days after purchase.

\*\*Twenty class pass expires after 6 months.

Your first class is always complimentary!

To insure your space in a class, please register online at [www.mindbodyonline.com](http://www.mindbodyonline.com)



4353 Tuller Road Suite K Dublin, Ohio 43017

Phone: 614.889.2282

[www.goodbodiesfitness.com](http://www.goodbodiesfitness.com)