



Personal Training

(One-on-one)

	50 minutes	express (½-hour)
Single session	\$50	\$30
Package of 4	\$190	\$110
Package of 8	\$360	\$200

Shared Training

(2 individuals working together, 50 minute sessions)

Single session	\$37.50
Package of 4	\$142.50
Package of 8	\$270.00

Price per person

Group Training

Please contact us if you have a group of 4-6 individuals who would like to train together. Special discounts will apply.

Grand Opening Special!!

Purchase any one of the above single sessions (Hour, Half Hour, or Shared) in the month of September and receive a second of the same type for half the price.

You can contact us directly by phone at (614) 889-2282, extension 84, or e-mail at info@goodbodiesfitness.com. We'll be happy to set up a complimentary consultation on how best to approach your exercise program. We look forward to helping you!