

2nd Annual ‘Fat Burn-Off’



VS.



*A competition against our rivals up north gives you a chance to win **\$500**, lose weight, and help fight cancer and obesity!*

OHIO

Join Good Bodies to raise money for the *Jeg's Foundation Racing for Cancer Research Fund* for Cancer Prevention Research at The Ohio State University Comprehensive Cancer Center – Arthur G. James and Richard J. Solove Research Institute.

www.goodbodiesfitness.com



MICHIGAN

Join Vita to raise money for *the Francee and Benson Ford Jr. Breast Care and Wellness Center* – Part of the Josephine Ford Cancer Center.

www.henryfordwestbloomfield.com/vita



The team that loses the most body fat (on average) wins a bonus donation for their charity.

*The top male and female from each team wins **\$500!***

- **\$60 Entry Fee** – a portion is your personal donation to the Jeg's Foundation.
- 8-week competition starts **Sept. 13th**. **Entries and measurements accepted through Sept. 23rd**.
- Open to anyone!
- It's about fat loss; losing weight the right way by improving your Body Composition. This is a unique competition because of the opportunity to be measured in the Bod Pod®.



Call Good Bodies to join the team 614-889-2282

